

# NASR MAREI GALLERY



# AL TANOURA

Al Tanoura is an Egyptian folkloric dance inspired by the Sufi festivities. The dance is similar to the Sufi whirling in Levant and Turkey. In this version, the men wear long colorful skirts and whirl in one direction for extended time using their skirts in several colorful variations.

The practice of spinning is quite ancient and occurs in many cultures. Sufism is as old as Islam in the broad sense of mystic practice.







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